JUNGLE ADVENTURE

9 Days/8 Nights FROM $2,719 DAILY ARRIVALS

(1) San José • (2) Pacuare River • (2) Arenal Volcano • (3) Manuel Antonio

DAY 1 | SAN JOSE Welcome to Costa Rica! Upon arrival in San José, transfer to your hotel.

DAY 2 | SAN JOSE | PACUARE RIVER This morning visit Pacuare River and experience the sheer exhilaration of white water rafting as you

PROGRAM HIGHLIGHTS

• Discover the natural wonders of Costa Rica’s volcanoes, rainforests, and beaches
• Enjoy amazing white-water rafting on the Pacuare River
• Take in the tranquil ambiance, staying in a thatched-palm-roofed jungle bungalow
• Embark on the exciting Sky Tram up Arenal volcano and zip-line back down to base
• Hike acclaimed trails of Manuel Antonio National Park on a guided tour
• Bask on the country’s Pacific beaches or join in an active outdoor adventure
• Explore tropical wildlife and breath-taking flora and fauna
• Relax and rejuvenate at one of Costa Rica’s top eco-hotels

For more information, call: 800-539-7098 or visit: www.centralholidays.com
navigate 19 miles of Class III-IV white-water passing colorful canyons and crystal-clear waterfalls. Disembark at Pacuare Lodge, a jungle oasis where modern wooden bungalows with thatched palm roofs are built under the trees to provide both privacy and serenity. After lunch, enjoy the afternoon at leisure to relax or join in optional activities. (B,L,D)

**DAY 3 | PACUARE RIVER** Day at leisure to enjoy the scenic beauty of the natural surroundings of the Pacuare River or participate in the optional activities offered at the lodge. Thanks to its proximity to the Caribbean lowlands and the high annual rainfall, this area has an extraordinary abundance of rainforests with massive vegetation, providing protection for jaguars, ocelots, monkeys, sloths, and numerous species of birds and plants. Overnight at the Pacuare Lodge. (B,L,D)

**DAY 4 | PACUARE RIVER | ARENAL VOLCANO** Head out for your second day of river adventuring today. Stop to explore side streams or savor a picnic lunch along the river before running the Pacuare’s hardest pounding rapids. Next, continue by land towards Costa Rica’s Northern Lowlands crossing different mountain towns such as Puerto Viejo (Sarapiquí), San Miguel, Venecia and Aguas Zarcas. Arrive in La Fortuna, located near the foot of Arenal Volcano, one of Costa Rica’s greatest highlights. (B,L)

**DAY 5 | ARENAL VOLCANO** Today, you will experience the Sky Tram, consisting of a slow-paced gondola ride climbing through the rainforest with spectacular views of Arenal Volcano’s southern face and Arenal Lake, as well as the Tilaran Mountain Range. Take the Sky Tram back down or try the fast-paced Sky Trek, a thrilling zip line circuit tour. You will glide via a series of secure cables connecting one mountain to another back down to the base. Enjoy the rest of the day at leisure. (B)

**DAY 6 | ARENAL VOLCANO | MANUEL ANTONIO** Embark on a scenic 4-hour drive to Manuel Antonio, located on the Pacific Coast passing several coastal villages, including the surf town of Jaco and vivacious Quepos, both extremely popular with surfers. Visit beautiful Manuel Antonio National Park, one of the icons of ecotourism and a most popular beach destination in Costa Rica. Try the fun canopy tour for a different nature experience, getting an amazing bird’s eye view of life from the top. (B)

**DAY 7 | MANUEL ANTONIO** After breakfast, depart for a half day tour of Manuel Antonio National Park with its many trails that will lead you through the wonders of its rainforest, brimming with butterflies, monkeys, snakes, iguanas, sloths and tropical flowers. After your hike, take time to bask on the beach or you can choose a more active past-time—fishing, kayaking, zip-lining, rafting, or parasailing. The rest of the afternoon is at leisure. (B)

**DAY 8 | MANUEL ANTONIO** Day at leisure. A leader in eco-conscious tourism in Costa Rica, Si Como No Resort, Spa & Wildlife Refuge was built to harmonize with the environment, it preserves animal corridors through the area, and guests feel as though they are surrounded by untouched nature. This fully contained oasis features two full restaurants, a family pool and water slide plus a separate adult pool, both with swim up bars and poolside service, the Caf-Tal, gift shop and art gallery Regalame, as well as free, scheduled transportation to the beach for guests. You will not find televisions in your hotel rooms, but rather the sounds of nature and the tropical vistas from your private balcony. (B)

**DAY 9 | MANUEL ANTONIO | SAN JOSE TO USA (OR EXTEND YOUR STAY)** After breakfast, transfer to San Jose International Airport for your departure flight. (B)

(B) Breakfast - (L) Lunch - (D) Dinner

**INCLUDED FEATURES**
- Hotel accommodation for 8 nights
- Daily buffet breakfast, 3 lunches & 2 dinners
- All transfers are a combination of private and regular services
- All sightseeing are in shared services with English-speaking guide
- White water rafting on Pacuare River
- Sky Tram & Sky Trek adventures
- Half day tour of Manuel Antonio National Park
- Document holder and luggage tags
- Hotel taxes and service charges

**HOTELS/STARTING FROM PRICES VALID THRU APRIL 2020**

<table>
<thead>
<tr>
<th>City</th>
<th>Nights</th>
<th>Hotels or similar (Type of room)</th>
<th>CST</th>
</tr>
</thead>
<tbody>
<tr>
<td>San José</td>
<td>1</td>
<td>Crowne Plaza Corobici (Deluxe)</td>
<td></td>
</tr>
<tr>
<td>Pacuare River</td>
<td>2</td>
<td>Pacuare Lodge (River Suite)</td>
<td></td>
</tr>
<tr>
<td>Arenal Volcano</td>
<td>2</td>
<td>Arenal Manoa (Jr. Suite)</td>
<td></td>
</tr>
<tr>
<td>Manuel Antonio</td>
<td>3</td>
<td>Si Como No (Superior)</td>
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All rates are per person, based on double occupancy. Extra nights and triple occupancy available upon request. Rates are not valid during certain holidays and blackout periods. Please call for special international airfares and domestic flights in Economy or Business Class. Local airport taxes, beverages, personal expenses, tips for guides, drivers and waitresses as well as all items not mentioned above are not included.

Important notes: Children under 12 are not allowed to participate on the rafting tour. Children under 8 are not allowed to participate on the Sky Tram and Sky Trek tour. The Manuel Antonio National Park is closed on Mondays.

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